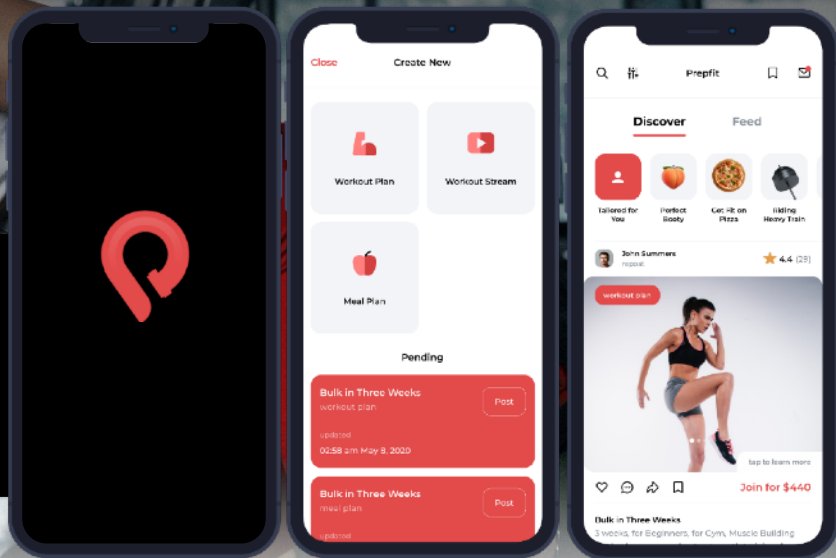


GETTING PREPARED FOR THE PREPFIT LAUNCH AND LIFTOFF



Prepfite is a community where you can discover, create and join, live classes, meal plans and workout plans.

Our goal is to make healthy living accessible, social and community oriented for everyone.

▼ **Prepfite pre launch checklist:**

❖ **Start creating content for your recipe and exercise catalog**

Having a comprehensive and complete library of workouts and recipes you want to upload to prepfite prior to launch will allow you create meal plans and workout plans quicker once prepfite launches to our community of participants

❖ **Come up with plans for the community to create once we launch**

With workout plans and meal plans, the more the better. As a creator you will have participants in the community that have many different goals, we want to help you find them and when we do we want to ensure you have meal plans and workout plans that fit their goals.

Coming up with different plans for different goals prior to the app launch will keep you ahead of the curve

- ❖ **Watch out for new updates on preprofit and information on new developments in your email we will be pre releasing the app for creators to start making content before our final release.**



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